## Good Friday, Year C | April 15, 2022 Isaiah 52:13-53:12 | Psalm 22 Hebrews 10:16-25 | Psalm 22 | John 18:1-19:42 The Rev. Leeann Culbreath, preached at St. Anne's, Tifton

I have with me what's called a holding cross, or comfort cross, that I sometimes take with me to hard things, like hospital visits and funerals and appointments where there might be bad news. It it contoured to fit a human hand.

I also keep it in my pocket or purse during the Easter Triduum, these three sacred days leading up to the feast of Easter. We are smack dab in the middle of it now, in the moment when these days pivot from drama and passion and shouting voices, to stunned silence.

This little olive wood cross, supposedly from the Holy Lands, got a good workout during the early days of the Covid-19 pandemic, in another difficult pivot, as the country came to a grinding halt. The familiar routines evaporated. I remember going through my calendar and methodically deleting almost everything, making those little squares a garish white. I felt disconcerted and bereft.

Good Friday stirs up a similar feeling for me, with the sanctuary stripped bare, and the reliable signs of God's presence here gone faster than you can chant Psalm 22.

The feeling, overall, is desolation like looking around for soft comforts and signs of life and seeing only hard edges, and open, barren spaces. The prominent presence is absence.

What, next?
Is this the end of the world as we know it?
Who am I, now?

In times of desolation, it's hard to get bearings, spiritually and emotionally, because the guideposts have disappeared. I can't imagine the wrenching desolation the disciples must have felt, and the Marys, and so many enthusiastic followers on that day at Golgotha. New followers had been coming in droves, abuzz with hope after Jesus raised Lazarus from the dead. Only days before, Jesus had arrived in Jerusalem with fanfare, surrounded by crowds cheering Hosanna! They shared an intimate meal in an upper room, with bread, water, wine all the signs of life! And then, the hopes, expectations, plans, and even confidence in their own survival drained rapidly, as Jesus' blood poured out.

I wonder if they had the very human sensation of a thick fog descending close around, in every direction, so thick that there is no clear way forward. Every step could lead to a crash, or off a cliff, but standing still is not an option. God seems far away, somewhere beyond the fog.

Jesus' lament, My God, My God, why have you forsaken me? expresses what it feels like to be in a truly God-forsaken country of the soul, a spiritual geography of aching emptiness.

When it felt like this to me, in the early lockdown days, I grabbed this cross, and I gave some to friends as well.

I needed something to grip—
to ground me
to be a channel for my anxiety,
to grasp onto instead of groping at air
to find a way to get on with life.

The cross was like a kind of compass in my hand that gave me some blessed orientation. It helped keep me moving and trusting that God was making a way for me and for the world beyond the fog.

Have you ever felt like this?
Have you traveled with trepidation
in this God-forsaken country?
Perhaps you are there now,
following a tragedy, a major life twist or failure,
an illness or a diagnosis,
the death of a loved one.

If you're not and you haven't been, you probably will.
It's just the way life goes
in a broken and sin-soaked world.
Sometimes all you can do in those places is hold on to the cross—
a physical one or one in your heart—
and trust that your clinging
and the prayers you press into it,
will keep guiding you through,
even if just a few short, visible paces as a time.

When the light begins to push through and the fog lifts (and it will!) and a gracious expanse opens up, you will see that the precious, wounded body of Jesus was holding YOU all along.